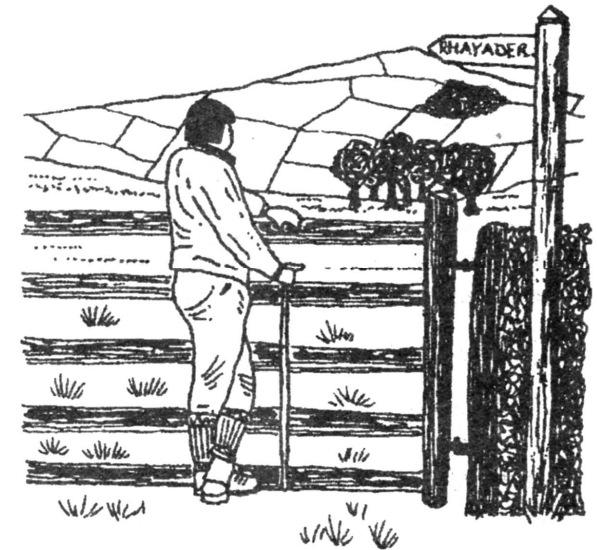
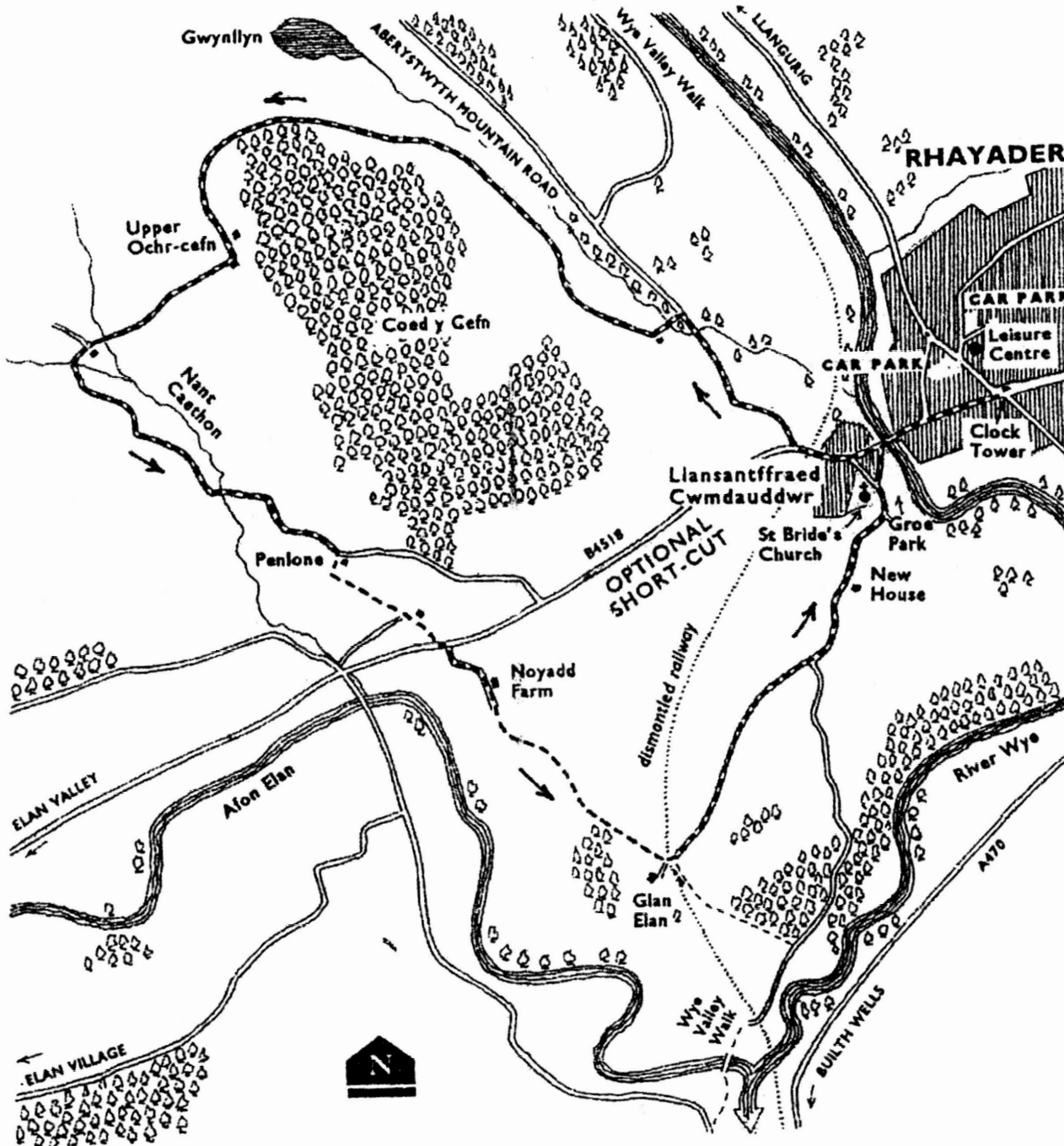


Rhayader Walks

'Gwyn Llyn Gallop'



Distance: 5 miles

Time: 2 ½ hours (approx)

The whole of this walk is along public roads or rights-of-way. This is a five mile walk along mostly quiet lanes, generally tarmac but includes some tracks and paths which will require the wearing of stout footwear.

Rhayader Walks 'Gwyn Llyn Gallop'

Commence at the Clock Tower and proceed down West Street. Continue over the bridge into Cwmdauddwr and then take the right turn onto the Mountain Road (once the coach road to Aberystwyth before the present route was turnpiked in the 1820's via Liangurig). Carry on along the coach road for about 1/4 mile and just after crossing a small bridge turn left and immediately cross again the same stream. Gwyn Llyn brook which once powered the Old Mill nearby, and the Rhayader New Mill: the history of these and other local water-power sites is a subject in itself. The lane continues to climb around behind the house (once a mill) and proceed along this for about one mile until a gate is reached at a house— Upper Och Cefn. Opposite this look out for a red waymark on the right which indicates a 'byway open to all traffic' - watch out for traffic as you pass through the metal gate and proceed with the fence line on your right to reach another metal gate which gives onto the track hedged on both sides. The going here requires caution - certainly after a wet spell. At the bottom of this go through the metal gate (the gate fasteners may be difficult, but persevere and ensure the gate is closed securely) and gain a surfaced lane. Continue along this until, after 1/2 mile or so, a white house, 'Penlone' is reached on your left. Opposite this is a right turn, go down this for a few yards until a waymark and stile is reached on your left. Go over the stile and continue across two fields, following the way-marks.

Cross the last stile onto the Elan Valley road (B4518). Go straight across onto a track waymarked as a bridleway, which takes you towards a farm on your left and Noyadd ahead where, at the last moment, you will find the track veers away to the left slightly, to pass a wooden bungalow after 100 yards. Just past this point go through a gate and cross the field with the hedge on your left. The track continues through another gate onto a hedged right-of-way and via another gate, onto an open area where the walker turns left uphill along the roughly surfaced lane. Ignore all other temptations at this point which include not only the abandoned formation of the old railway line closed in December 1962 (by Dr. Beeching), but also tracks to Glan Elan Farm and part of the southbound Wye Valley Walk. After a gentle 1/2 mile uphill (good views along here to left and right) another surfaced lane is reached (New House Lane) which continues ahead. Just after a bend in the lane, Rhayader comes into view with a nice downhill walk into Cwmdauddwr with St. Brides Church on your left to emerge by the Triangle Inn (Tafarn-y-rhyd). If you can resist the temptation here, proceed with this on your left until the main road is reached (B4518). Turn right here, noting the small waymark which indicates the Cwmdauddwr Bridge, uphill into Rhayader and observe your time as the Clock comes into view.

If desired, the walk can be curtailed just past the point where the B4518 is crossed, by taking a short cut along the Elan Valley Trail back into Cwmdauddwr and Rhayader.

Please follow the County Code

- Enjoy the countryside and respect its life and work
- Guard against all risk of fire
- Fasten all gates
- Keep your dog under close control
- Keep to public paths across farmland
- Use gates and stiles to cross fences, hedges and walls
- Leave livestock, crops and machinery alone
- Take your litter home
- Help to keep all water clean
- Protect wildlife, plants and trees
- Take special care on country roads
- Make no unnecessary noise

For further information on local activities and attractions look out for information points around the town or visit:

www.rhayader.co.uk

People undertaking the walk do so at their own risk, with no responsibility being attached to the author or producer of the walk guide.

The information in this leaflet was kindly provided by Mr Jim Groucott

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